

| WEEK ONE | Meat Free Monday | Tuesday | Wednesday Traditional Scottish Fare | Thursday | Friday |
|------------|---|---|---|--|--|
| Starter | Potato Soup(GF) | Carrot and Coriander Soup(GF) | Lentil Soup(GF) | Tomato Soup(GF) | |
| Option 1 | Macaroni Cheese with fresh baked Petit Pain | Turkey Burger in a Seeded Bun with Baked Wedges | Scottish Beef Mince with Mash(GF) | Kids Favourite Fish and Chips | Roast Chicken and Vegetable Pie with Baby Potatoes |
| Option 2 | Jacket Potato with Beans(GF) | Quorn Fajita with Baked Wedges | Quorn Sausages in Gravy with Mash | Veggie Chilli with Rice (GF) | Herby Tomato and Vegetable Pasta |
| Option 3 | Egg Mayo Wrap | Chicken Sandwich | Cheddar Cheese Sandwich | Tuna Mayo and Sweetcorn in a Wholemeal Roll | Ham, Tuna, Egg or Cheese Sandwich |
| Vegetables | Broccoli Florets | Peas and Sweetcorn Mix (GF) | Carrot and Swede Mash(GF) | Peas and Baked Beans(GF) | Seasonal Mixed Veg(GF) |
| Desserts | Seasonal Fruit Selection, Fruit Yoghurt(GF) | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit Selection, Fruit Yoghurt(GF) | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit Selection, Fruit Yoghurt(GF) |
| Extras | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread |

| WEEK TWO | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|--|---|--|---|
| Starter | Minestrone Soup | Lentil and Sweet Potato Soup(GF) | Smooth Vegetable Soup(GF) | Potato and Leek Soup(GF) | |
| Option 1 | Cheese and Tomato Pizza with Baked Wedges | Steak Pie with New Potatoes Potato | BBQ Chicken Wrap with Savoury Rice | Baked Jumbo Fish Fingers and Chips | Pork Sausage Casserole with Diced Potatoes |
| Option 2 | Plain Omelette with Baked Wedges(GF) | Jacket Potato with Tuna or Beans(GF) | Crunchy Topped Macaroni Cheese | Quorn Sausage in a Hot Dog Roll with Ketchup and Chips | Broccoli Flan with Diced Potatoes |
| Option 3 | Cheese Finger Roll | Chicken Sandwich | Tuna Mayo and Sweetcorn Sandwich | Chicken in a Wholemeal Roll | Ham, Tuna, Egg or Cheese Sandwich |
| Vegetables | Sweetcorn and Peas(GF) | Carrots(GF) | Broccoli Florets(GF) | Peas(GF) | Green Beans(GF) |
| Desserts | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit Selection Fruit Yoghurt(GF) | Seasonal Fruit Selection Frozen Yoghurt(GF) | Seasonal Fruit Selection, Yummy Fruit Lolly(GF) | Seasonal Fruit Selection, Fruit Yoghurt(GF) |
| Extras | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | , Mixed Salad(GF) and Bread |

| WEEK THREE | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|---|--|--|---|
| Starter | Potato Soup(GF) | Vegetable Soup(GF) | Tomato Soup(GF) | Lentil Soup(GF) | |
| Option 1 | Neapolitan Pasta with Crusty Bread | Baked Salmon Fish Cake with Chips | Roast Chicken in Gravy, Mash and Yorkshire Pudding | Kids Favourite Fish and Chips | Beef Burger in a Seeded Bun with Slaw and Salad |
| Option 2 | Quorn Masala with Boiled Rice and Naan Bread | Jacket Potato with Cheese or Tuna and Sweetcorn(GF) | Quorn Sausages in Gravy, with Mash and Yorkshire Pudding | Vegetarian Lasagne with Chips | Stir Fried Vegetables with Noodles |
| Option 3 | Cheese Sandwich | Chicken Sandwich | Tuna Mayo Sandwich | Breast of Chicken Finger Roll | Ham, Tuna ,Egg or Cheese Sandwich |
| Vegetables | Seasonal Mixed Veg(GF) | Green Beans(GF) | Broccoli and Cauliflower Florets(GF) | Peas(GF) | Sweetcorn(GF) |
| Desserts | Seasonal Fruit Selection, Fruit Yoghurt(GF) | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit Selection, Fruit Yoghurt(GF) | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit Selection, Fruit Yoghurt(GF) |
| Extras | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread |

| WEEK FOUR | Meat Free Monday | Tuesday | Wednesday Chinese Fare | Thursday | Friday |
|------------|--|---|--|--|---|
| Starter | Sweet Potato and Carrot Soup(GF) | Lentil Soup(GF) | Sweetcorn and Noodle Soup | Vegetable Soup(GF) | |
| Option 1 | Cheese and Tomato Pizza with Chips | Pork Sausages in Gravy with Mashed Potato | Chicken Curry with Rice | Fish Fingers and Chips | Spaghetti Bolognese and Garlic Bread |
| Option 2 | Vegetarian Meatballs in Tomato Sauce on a bed of Pasta | Quorn Mince in Gravy with Mashed Potato(GF) | Quorn Dippers with Rice topped with a Sweet and Sour Sauce | Jacket Potato with Cheese or Beans(GF) | Veggie Burger in a Seeded Bun with Potato Salad |
| Option 3 | Cheese Roll | Chicken Sandwich | Tuna Mayo Wrap | Chicken Roll | Ham, Tuna, Egg or Cheese Sandwich |
| Vegetables | Sweetcorn and Peas(GF) | Carrot and Swede Mix(GF) | Broccoli Florets(GF) | Peas and Beans(GF) | Sliced Green Beans and Broccoli Florets(GF) |
| Desserts | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit Selection, Fruit Yoghurt(GF) | Seasonal Fruit Selection, Frozen Yoghurt(GF) | Seasonal Fruit, Selection, Fruit Yoghurt(GF) | Seasonal Fruit Selection, or Fruit Yoghurt(GF) |
| Extras | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread | Mixed Salad(GF) and Bread |

All Soups are Homemade served with a selection of Bread. Drinks Available Daily: Water or Milk
Green = Homemade – Red = Readymade GF =Gluten Free